


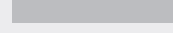



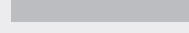



Crucial Conversations about Drugs with Teens

The study collected responses via an online survey of 1,017 individuals in November of 2006. Margin of error is approximately 3%.


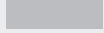

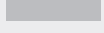

1. How often do you discuss typical parenting concerns with your teenager (concerns such as who their friends are, how they dress, how school is going, what they worry about, etc.)?		Count	Percent
Less than once a month		37	7.34%
At least once a month		78	15.48%
At least once a week		235	46.63%
Every day		154	30.56%
Total		504	100%






2. How hard is it to get your teenager involved in a meaningful conversation about your concerns?		Count	Percent
Extremely difficult		27	5.37%
Very difficult		77	15.31%
Somewhat difficult		184	36.58%
Somewhat easy		173	34.39%
Very easy		42	8.35%
Total		503	100%






3. When you discuss typical parenting concerns such as who their friends are, how they dress, how school is going, what they worry about, etc, how does your teenager typically respond?	Count	Percent
My teenager won't listen. He or she cuts the conversation short or changes the subject.	12	2.56%
My teenager won't listen, and he or she leaves the conversation.	12	2.56%
My teenager seems to listen but doesn't really participate in the discussion.	43	9.17%
My teenager seems to listen but gets angry and defensive if he/she disagrees with what I'm saying.	116	24.73%
My teenager seems to listen, but I don't really know whether he/she understands and agrees with me.	60	12.79%
My teenager listens and even agrees with me, but I wonder whether my teenager is just saying what he/she knows I want to hear.	106	22.6%
My teenager listens and we get into a deeper discussion. We have full and respectful exchange of views. At the end I think we understand and respect each other more than when we began.	120	25.59%
Total	469	100%








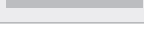

4. How likely is it that your teenager has friends who are occasional or frequent drug users?	Count	Percent
Very unlikely	118	25.16%
Somewhat unlikely	122	26.01%
Somewhat likely	112	23.88%
Very likely	112	23.88%
I don't know	5	1.07%
Total	469	100%










5. How likely is it that your teenager has been at a party or other event where one or more people were using drugs?	Count	Percent
Very unlikely	124	27.07%
Somewhat unlikely	73	15.94%
Somewhat likely	113	24.67%
Very likely	141	30.79%
I don't know	7	1.53%
Total	458	100%













6. How likely is that your teenager has tried illegal drugs?		Count	Percent
Very unlikely		235	51.31%
Somewhat unlikely		81	17.69%
Somewhat likely		56	12.23%
Very likely		79	17.25%
I don't know		7	1.53%
Total		458	100%

7. How likely is it that your teenager uses illegal drugs from time to time?		Count	Percent
Very unlikely		296	65.49%
Somewhat unlikely		65	14.38%
Somewhat likely		44	9.73%
Very likely		37	8.19%
I don't know		10	2.21%
Total		452	100%

8. How likely is it that your teenager uses illegal drugs on a regular basis?		Count	Percent
Very unlikely		373	82.71%
Somewhat unlikely		36	7.98%
Somewhat likely		26	5.76%
Very likely		8	1.77%
I don't know		8	1.77%
Total		451	100%

9. About how often do you talk to your teenager about drugs?		Count	Percent
Never		5	1.12%
Once—the big discussion		7	1.57%
Every couple of years		9	2.02%
Every year		11	2.47%
Every 6 months		38	8.54%
Every 3 months		71	15.96%
At least once a month		185	41.57%
At least once a week		111	24.94%
Every day		8	1.8%
Total		445	100%















10. How often do you think you need to talk to your teenager about drugs in order to prevent him/her from using them?		Count	Percent
Never		8	1.81%
Once—the big discussion		4	0.9%
Every couple of years		3	0.68%
Every year		7	1.58%
Every 6 months		23	5.19%
Every 3 months		54	12.19%
At least once a month		179	40.41%
At least once a week		131	29.57%
Every day		34	7.67%
Total		443	100%


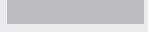


11. Think of the times when you've wondered whether your teenager might be exposed to drugs—but you decided not to speak up. Why didn't you speak up? (check all that apply)		Count	Percent
Not applicable; I'm confident my teenager will not be influenced by drugs.		138	22.92%
I felt it might undercut our relationship.		29	4.82%
I felt it would be an invasion of his/her privacy.		15	2.49%
It would have made him/her angry.		50	8.31%
We'd already discussed drugs in the past.		106	17.61%
I'd confronted him/her before and been wrong about my suspicions.		29	4.82%
It would have communicated that I didn't trust him/her.		70	11.63%
I knew he/she would deny any problems and didn't have enough information to prove my suspicions.		90	14.95%
I didn't know what to say.		49	8.14%
He/she admits to using drugs but believes it isn't a problem—so I don't bother.		5	0.83%
My spouse/partner usually handles these kinds of discussions.		7	1.16%
My spouse/partner would contradict and undermine me if I tried.		14	2.33%
Total		602	100%












12. If you've delayed discussing your concerns about drugs with your teenager, how long have you put off the discussion?		Count	Percent
More than two years		5	1.94%
Between 1 year and 2 years		6	2.33%
Between 6 months and 1 year		5	1.94%
Between 3 months and 6 months		12	4.65%
Between 1 month and 3 months		18	6.98%
Between 1 week and 1 month		52	20.16%
A few days		160	62.02%
Total		258	100%
















13. Think of the times when you've wondered whether your teenager might be exposed to drugs—times when you did speak up. How does the discussion typically go?		Count	Percent
Not applicable; I've never spoken to my teenager about drugs.		13	3.23%
I begin to share my concerns, but my teenager isn't interested or doesn't want to discuss the issue. We don't have a complete discussion of my concerns.		38	9.45%
I begin to share my concerns, but my teenager gets offended, defensive, or angry. We don't have a complete discussion of my concerns.		37	9.2%
I begin to share my concerns, and my teenager denies any drug involvement. I remained concerned, but don't know how to get past the denial.		60	14.93%
I begin to share my concerns, but the discussion goes down hill. My teenager gets defensive or angry, and I get angry as well.		26	6.47%
I share my concerns and work through any reluctance, anger, or denial on my teenager's part. We discuss my full concerns in a respectful way.		228	56.72%
Total		402	100%

14. How difficult is it to discuss your concerns about drugs with your teenager in a way that answers all of your questions while also maintaining a loving, trusting relationship with your child?		Count	Percent
Extremely difficult		34	8.08%
Very difficult		52	12.35%
Somewhat difficult		134	31.83%
Somewhat easy		115	27.32%
Very easy		86	20.43%
Total		421	100%

15. What have you done besides discussing your concerns to make sure your teenager is not using drugs? (Please check all that apply.)		Count	Percent
Search their room, backpack or belongings for drugs.		158	9.54%
Conduct surveillance—following to see where they go, asking friends to report on them, involve others to check up.		39	2.36%
Monitor their Internet activity, online profiles, and/or cell phone usage.		187	11.29%
Call them on their cell phone to check up on where they are and what they're doing.		208	12.56%
Forbid them from seeing certain friends.		61	3.68%
Try to get them to make new friends.		122	7.37%
Have them take drug tests.		27	1.63%
Keep an open house and well-stocked refrigerator—make it attractive for your teenager and his/her friends to hang out at your house where you can supervise them.		276	16.67%
Ask lots of probing, indirect questions to confirm suspicions.		112	6.76%
Talk to teachers or school counselors.		121	7.31%
Talk to parents of their friends.		193	11.65%
Worry privately, lose sleep, increase stress.		70	4.23%
Cross-examine, demand answers, accuse.		18	1.09%
Feel helpless and convince yourself there's nothing you can do.		24	1.45%
None of the above.		40	2.42%
Total		1656	100%

16. To what extent is your teenager's drug use or possible drug use a source of stress in your family?		Count	Percent
Not at all		272	67.33%
Some extent		101	25%
Great extent		16	3.96%
Very great extent		15	3.71%
Total		404	100%

17. Think of the most recent time drugs came up in a conversation with your teenager. What did the discussion include? (check all that apply)		Count	Percent
Talked about someone in the news who is using drugs.		214	11.91%
Your child acknowledged he/she has friends or acquaintances who use drugs.		178	9.91%
Talked about a friend your child knows who is using drugs.		159	8.85%
I stated that I don't approve of drug taking.		234	13.02%
I talked about my own drug use.		43	2.39%
I shared the facts I know about the impact of drug use.		290	16.14%
He/she stated that he/she is not using drugs.		212	11.8%
Asked "what if" questions such as, "what if you were at a friend's house and no parents are there..."		205	11.41%
I accused him/her of taking drugs or associating with people who do.		19	1.06%
I asked questions to gather information about what's really going on.		232	12.91%
None of the above.		11	0.61%
Total		1797	100%

18. Please check any of the drugs below that you have discussed by name in the past. (check all that apply)		Count	Percent
Did not discuss any specific drugs by name.		23	0.92%
Alcohol		389	15.55%
Tobacco		352	14.07%
Marijuana		349	13.95%
Cocaine		211	8.44%
Crack Cocaine		147	5.88%
Ecstasy		150	6%
Glue		90	3.6%
Heroin		96	3.84%
LSD		77	3.08%
Amphetamines/Meth/Speed		181	7.24%
Prescription Pain Killers: codeine, OxyContin, Vicodin, or Demerol		138	5.52%
Prescription Tranquilizers: Nembutal, Valium, or Xanax		64	2.56%
Prescription Stimulants: Ritalin, Adderall, or Dexedrine		92	3.68%
Over-the-counter drugs: cough and cold medications		142	5.68%
Total		2501	100%

19. Your gender		Count	Percent
Male		97	24.43%
Female		300	75.57%
Total		397	100%

20. Your age		Count	Percent
Under 30		2	0.5%
30–35		10	2.52%
36–40		44	11.08%
41–45		116	29.22%
46–50		114	28.72%
51–55		88	22.17%
56–60		19	4.79%
Over 60		4	1.01%
Total		397	100%

21. Your ethnicity		Count	Percent
African American		12	3.03%
Asian-American/Pacific Islander		6	1.52%
Latino/Hispanic/Chicano		9	2.27%
Native American/American Indian		2	0.51%
White/Caucasian		359	90.66%
Other		8	2.02%
Total		396	100%

22. Do you have teenage son(s), daughter(s), or both?		Count	Percent
Teenage son(s) or stepson(s)		142	36.13%
Teenage daughter(s) or stepdaughter(s)		118	30.03%
Both—teenage son(s) and teenage daughter(s)—or stepson(s) or stepdaughter(s)		133	33.84%
Total		393	100%

23. Age of your oldest teenager—if you have only one teenager, then please give his/her age.		Count	Percent
Under 12 years old		13	3.28%
12–13 years old		46	11.62%
14–15		57	14.39%
16–17		95	23.99%
18 or older		185	46.72%
Total		396	100%

24. Age of your youngest teenager—if you have only one teenager, then please skip this question.		Count	Percent
Under 12 years old		47	17.6%
12–13 years old		69	25.84%
14–15		60	22.47%
16–17		48	17.98%
18 or older		43	16.1%
Total		267	100%